

# The Raymond Road Runner

ECRWSS

A Raymond School District & Town of Raymond Publication  
<http://www.raymondmaine.org>

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POSTAL CUSTOMER

OCTOBER, 2001



## Times Have Changed By: David Bois, Superintendent

As the events of recent days have demonstrated, times have changed. We live in a world where a few people can create an enormous amount of destruction and loss of life. Experience has shown us that schools are not immune to incidents of violence. This makes it important that schools have clear and functional plans to respond to emergency situations. Please be assured that our schools have such plans in place and that we continue to review and modify these as the need arises.

Without question, we must be prepared in the event serious incidents occur, but even more important is the need to establish a climate in our schools which will prevent such incidents from occurring. Creating a climate of trust is something we must work on each day. We must be clear in present-

ing to our students those core values which guide a civilized society. A few years ago we developed, in cooperation with the community, a set of these core values which serves as the foundation for all of our programs. So committed are we to these values that they are now engraved in the granite sculpture at the Raymond Elementary School.

On a very practical note, we should be reminded that a safe school environment is not one that is only safe from physical harm, but that is also safe from psychological and emotional harm. Students must be free from any harassing behavior, such as derogatory statements about another person's gender, sexual orientation, physical appearance, ethnicity, religion, or disability. What were once considered tasteless, but harmless comments made in the heat of the moment now can result in serious disciplinary action by the school and may even bring criminal prosecution. Stu-

dents should be aware that their behavior is subject to more scrutiny than ever before and that the level of tolerance for inappropriate behavior is much lower.

Our staff, including all support personnel, will continue to expect the best from our students, and the majority of our students will give their best. Those students who do not see the value of good citizenship will, at the very least, experience no acceptance for such behavior.

Yes, times have changed, but not all for the worst. We now have the opportunity to face issues which have been ignored for some time. It is more critical than ever that schools be safe places. We will continue to make every effort to provide an environment which promotes learning and good citizenship. As we have in the past, we look to the community to become an active partner in fostering this climate.

**Road Runner Articles Due**  
Articles for the next edition of the Road Runner newsletter are due by October 15th. Please provide them by any of the following methods:  
**E-Mail; Diskette; Paper**  
Articles should be saved in Rich Text Format (RTF) on diskette or as e-mail attachments.  
**Send School Related Articles To:**  
norma.richard@raymondmaine.org  
christian.elkington@raymondmaine.org  
or drop at a Principal's Office  
**Send Town related articles To:**  
elizabeth.cummings@raymondmaine.org  
or drop at Town Hall

## Conservation Commission Receives Lake Conservation Award By: Elizabeth Algeo

The Maine Congress of Lake Associations (COLA) invited the Raymond Conservation Commission to their annual meeting in June in order to recognize our town for our watershed stewardship activities. Specifically, we were awarded the 2001 Lake Conservation Award for our "...exemplary efforts and dedicated service in preserving the Raymond Watershed, as well as Sebago Lake, the water supply for 190,000 residents of Greater Portland."

COLA is a statewide network of individuals and lake associations devoted solely to the protection and preservation of Maine's lakes and ponds. By promoting sound land-use practices and other activities that enhance water quality, COLA strives to preserve the ecological, economic, recreational, and aesthetic value of these water bodies. COLA also helps residents start local lake associations, disseminates scientific knowledge, develops educational

opportunities, and participates in public hearings and legislative sessions related to lake quality issues.

This award recognizes the hard work of the many volunteers who helped us with the 1998 Raymond Pond watershed survey, the 1999 Crescent Lake survey, and the repair of the beach and boat ramp on Crescent Lake. Volunteers for the Raymond Waterways Protective Association are also recognized for their dedication to the long-time water quality monitoring carried out on most of Raymond's lakes and ponds.

Our watershed protection work continues in Raymond. The Cumberland County Soil and Water Conservation District (CCSWCD) is directing a two and a half year grant-funded Erosion Control Demonstration Project in the Raymond Pond and Crescent Lake watersheds. The Con-

servation Commission, town officials and, most importantly, watershed residents, are providing the labor, matching funds, and enthusiasm needed to repair major erosion problems in these two watersheds. Once completed, tours will be given of these sites in order to demonstrate common practices used to prevent erosion and runoff into our valuable lakes.

The Conservation Commission is dedicated to lake conservation. We hope that watershed stewardship becomes as familiar to Raymond residents as is recycling, energy conservation, and fuel efficiency! For more information on watershed and other Conservation Commission projects, please contact the Commission (Elizabeth Algeo, 655-6965) or attend our meetings, which occur on the last Tuesday of each month, September - June, at the Town Office, 7:00pm.

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**Road Runner Staff:**  
Kevin Woodbrey    Laurie Forbes  
Norma Richard

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Make sure to see the on-line archives at the Raymond, Maine web site:  
<http://www.raymondmaine.org>  
Look under Events & News



## Mentoring Program Set to Launch In October

With close to 20 prospective mentors applying to participate, the Raymond Mentoring Partnership is off to a strong start. Volunteer mentors, which are like Big Brothers/Sisters or Foster Grandparents, completed training at the end of September and will be matched with a child from the elementary or middle schools during October. If you would like to learn more about being a mentor or know a child who would benefit from a relationship with another caring adult, it's not too late. RMP will keep the application process open for the next few months.

Continued on page 7

## Principal's Report By: Norma Richard

Safety for our children and our families is certainly weighing heavily on everyone's mind after last month's attacks. It is more important than ever to provide a safe environment and a sense of community for your children at the Raymond Elementary School. Our character education program, the use of "I Care" language throughout the school, and the wonderful interactions between students, staff, parents, and community all provide a safety net for children at school. We are further strengthening our own sense of community by starting each Friday with an all-school opening at 8:45 AM in the gym. What a wonderful way for us to end each week, singing together, celebrating birthdays and special events, and supporting the quality work of both students and staff.

Several of our students have serious food allergies, and we have put into place procedures to better protect these children at school. Due to the prevalence of peanut butter allergies, last year we eliminated peanut butter and peanut products in our lunch program. We have recently established several "nut free" tables in the cafeteria to improve the lunch environment. We are also going to eliminate the snack box that has been so generously supported by the PTA over the past years. Many of these snacks have a peanut base, and we would prefer that children eat only the foods that parents send in to school. If your child has a known allergy to food or other products, please be sure that updated information is given to our school health aide, Vickie Clarke. We are very happy to work with families and their physicians to improve the quality of our students' time here at the Raymond Elementary School.

## News from the Raymond Village Library

This year's Summer Reading Program – Catch a Book by the Tale – was a huge success. Over 75 area children participated in the six week program. Our library was decorated with a castle, tons of spiders, banners, thunder quilt pieces and a fairy tale crest. We had kids and their families in and out all summer long reading a variety of tales and completing fun projects. Our mid-summer storyteller, Susan Dreis, was wonderful, and many participants delighted in an evening of ghost stories and other tales. The end-of-program Medieval Feast featured a variety of games and foods. Everyone who participated enjoyed themselves. Congratulations to the winners of our special end-of-program prizes and thank you to all who participated.

The Raymond Village Library would like to extend a warm thank you to Murley's Greenhouse, First Title of Maine, David Cary Carpentry, Portland Sea Dogs, True Value, Chipman's Farm Stand, Lynne Cary, Deb Keefe, Chunky's Cinema Pub, Friendly's, Pizza Hut, Story Land, Burger King, Jeri Keane, the Library workers, parents and kids for making this summers reading program such a success. We look forward to next years program!

The internet-based Multi-Database Resource is available at the library. (<http://libraries.maine.edu/mainedatabases/>) This gives you access to journals, newspapers and magazines. Remote computer users, from home or other non-library sites, can access the databases by entering this address and then clicking on "remote access". Enter your name, Raymond Village Library and zip code. For more information, please call the library at 655-4283.

The Library Reading Group will meet on October 25 at 7:00pm at the library. The book under discussion is "The Bone People", by Keri Hulme. New members are always welcomed. For more information call Jane at 655-5354. There will be a poetry reading on October 18 at 7:00pm at

the library by Elizabeth Hobbs, a summer resident of Raymond. She will read from her new book, "Poems From the Lake". Hobbs has taught literature and creative writing in colleges, as well as in public and independent schools. She has served as Artist-in-Residence for the Manzanita, Oregon, Fine Arts Council and will do so for the Fine Arts Center in Greenville, South Carolina, in 2001-2002. She has appeared on television in the Cactus Poets series and was a frequent reader in the Castalia series at the University of Washington. This should prove to be a fascinating and enjoyable evening as the subject matter is dear to the hearts of all who live in the Lakes Region, as all of the poems are pertinent to our area. "For Eleanor Plummer", and "Twilight at Panther Pond", are two of the poems she will be reading. All are invited to come and enjoy this special evening.

The beautiful art work exhibited at the library through October was painted by Waldo Preble. Mr. Preble is a retired engineer who has been painting for a number of years. He began painting in oils but found his mark in watercolors, as is so obvious in his wonderful paintings. He continues to upgrade his skills by taking lessons from Charlene Lee. His subjects are varied, but he leans to landscapes, seascapes and buildings and says he is working at putting more figures into his paintings. He exhibits in many local shows, the most recent being the Portland Sidewalk Art Festival.

You are encouraged to come into the library to see these lovely works of art. You may well find one that you would especially like to add to your art collection.

The Library Club Meeting will be held on October 4 at 7:00pm at the library. Following a short business meeting, Debbie Blanchard will tell us all about "letterboxing". All are welcome.

## A Book Review

By: Flonny Morrison

*Genome: The Autobiography of a Species in 23 Chapters*

Science journalist and editor Matt Ridley has written an engaging, if for the lay reader not an immediately comprehensible, book exploring the complete human genetic blueprint. The book, *Genome ...*, moves chromosome pair by chromosome pair, chapter by chapter, starting with earth's biological beginning, up to and on through human life, to death, and ends with a consideration of pre-eminent ethical issues swirling around disease: cures/prevention, eugenics, politics and free will/decision making. Through the media we are reminded daily of our need to draw upon our personal and collective values regarding science and human life.

*Genome...* is a timely and provocative work. I don't pretend to understand much of the science, but Ridley's presentation is accessible for closer re-reading, in its entirety or in specific chapters. The format invites this, and the index is helpful here. What impresses me is the enormity of the subject. One tiny cell, one of about a trillion that compose a human body, is a universe of activity within itself, while forces within it reach beyond to interact with the contents of other cells. Such reality boggles my mind beyond imagining; I am awestruck by the immensity of one microscopic speck. One bit of advice: Read the Preface.

Other new science based books available at the Raymond Village Library include "The Meme Machine", by Susan Blackmore and "Hyperspace", by Micheo Kaku.

## Ever Considered Becoming A Mentor To A Child?

Spending even just an hour a week as a big brother/big sister or a foster grandparent may make more of a difference in a child's life than you might realize. Call Eileen at 655-4193 or Lori at 655-4277 to learn more about the Raymond Mentoring Partnership.

**Senior Citizens Dinner October 17**  
Raymond Elementary School cafeteria.  
Please call the school office at 655-8672 for a reservation.

Chicken à La King with Rice  
Carrots  
Yeast Rolls  
Dessert

## Founders Day Committee Meeting

Founders Day Committee will be meeting Mon, Oct 22<sup>nd</sup>, 7 PM at the Town Office to review Founders Day 2001 and to lay the groundwork for Founders Day 2002. The early groundwork determines the success of the event. We need input from anyone interested. Everyone in town is invited to attend. FMI: Betty McDermott @ 655-4646 or Bob Jones @ 655-7163

## October 2001

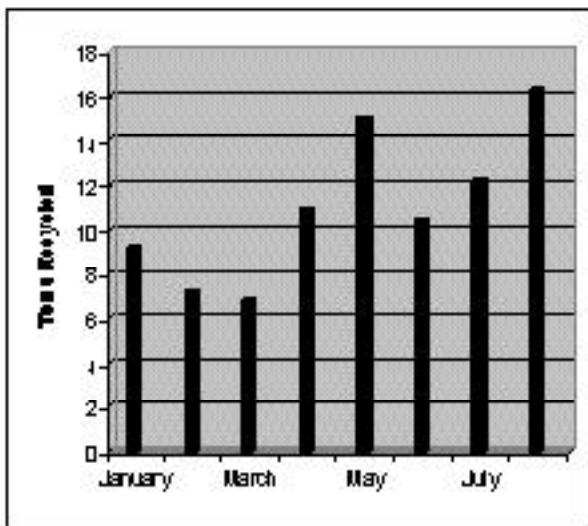
### Events and Meeting Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 7:00PM TH Selectmen	3 12:30PM RE Karate 7:00PM RE School Committee 7:00PM TH Planning Board	4 9:15AM JS Assembly 9:30AM VL Baby Time 10:00AM VL Story Time 7:00PM VL Library Club	5 NO SCHOOL Teacher's Workshop Day	6
7	8 NO SCHOOL COLUMBUS DAY	9 3:30PM RE Dance Class 6:30PM RE GEAR Parent Support Group 6:30PM RE PTA	10 12:30PM RE Karate	11 9:30AM VL Baby Time 10:00AM VL Story Time 6:30PM KC Lions Club	12	13
14	15	16 3:30PM RE Dance Class 7:00PM TH Selectmen	17 9:00AM VL Library Board Meeting 12:30PM RE Karate 5:30PM RE Senior Citizen Supper 7:00PM TH Planning Board 7:00PM RE School Committee 7:00PM TH Comprehensive Plan Committee	18 9:30AM VL Baby Time 10:00AM VL Story Time	19	20
21 10:00AM Appeals Board Site Walk	22 7:00PM TH Founders Day Meeting	23 3:30PM RE Dance Class 6:30PM RE GEAR Parent Support Group	24 12:30PM RE Karate	25 9:30AM VL Baby Time 10:00AM VL Story Time 7:00PM TH Cemetery Committee	26	27
28 END DAYLIGHT SAVINGS TIME	29 7:00PM TH Appeals Board	30 3:30PM RE Dance Class 7:00PM TH Conservation Commission	31 9:00AM RE Good News Assembly 12:30PM RE Karate			FB=Fire Barn JS=Jordan-Small KC=Kokatosi Campgnd RE=Raymond Elementary TG=Town Garage RT85 TH=Town Hall VL=Village Library

## The Recycling Bin

Good news on the recycling front! We now have Recycling refrigerator magnets available at the town office. Slap one of these on the front of your fridge, and one quick glance will tell you what materials are acceptable for each recycling category. Just remember to keep each material separate in your bin.

August was our best month all year in terms of recycling tonnages- a total of 16.28 tons of material recycled curbside! This was a big relief because July was a bit disappointing, possibly because many full time residents were away, combined with fewer pick-up days within the month. Here's a graph of how we've done this year:



Let's see if we can keep this increase going in the following months. Remember, recycling not only makes good environmental sense; it is a vital part of helping a world of dwindling resources, and it also saves us money on trash tipping fees!

## Letterboxers On The Loose!

By Debbie Blanchard

Recently, many letterboxers have been spotted looking for Letterboxes on the Lakes Region Letterbox Trail. Students from Mrs. Blanchard's 4th grade class and Mrs. Spencer's 3/4 Multi-age were seen at Sunset Variety where they got their stamp book and started off to collect stamps. Others could be found at various sites around the Main St. area in Raymond village, eager to collect all the stamps.

You too can still go letterboxing until Columbus Day weekend. Boxes will then be collected for the season until next June. Many thanks to all Letterbox Monitors for their vigilance in checking on sites to make sure all boxes were intact throughout our first season. We are very grateful for your support!

Trail Guides for the Lakes Region Letterbox Trail can still be purchased at Sunset Variety, Raymond Village Library, Raymond Town Hall, Mains' Pizza, Cry of the Loon and Blacksmith Winery. Get yours while they last!



## Summer Trash/Recycling Routes End October 3rd & 4th

The last summer trash and recycling pickups will be October 2nd and 3rd. After that time all trash must be left at the nearest Town road to your summer camp road unless there are 4 or more year-round residents on that road. Because of the amount of building going on in Raymond, would you please call the Town Office if your road now has 4 or more year-round houses on it so that we can coordinate our records with BBI's.

When setting out your barrels, please keep barrels separated on the roadway so that BBI will be able to tell from where they came. Because each residence is allowed only two 32-gallon trashcans per week, more than two cans at the end of a driveway will lead them to believe that you have put out more than allowed and they will empty only two containers.

Because of the difficulty for BBI to know exactly what the trucks routes will be, it is requested that everyone have their trash/recycling outside by 7:00am.

BBI Waste has requested that all trash be bagged within your trash barrels so that there will be no litter coming from their trucks. It is also requested that all trash be put

in animal proof containers rather than leaving bags on the ground. Because of the hazard of handling broken glass, BBI cannot pickup any type of broken glass; instead please take it to the Lake Region Bulky Waste Facility in a solid container.

If a holiday falls on a Tuesday, trash/recycling pickup will be on Wednesday and Wednesday's will be on Thursday. If a holiday falls on Wednesday, trash/recycling pickup will be on Thursday and Tuesday's will be on Tuesday as usual.

Trash/recycling will continue regardless of the weather. However, please know that if you put out paper type products (newspaper, magazines, paperboard, catalogues) they must be protected from the weather because they cannot be recycled if they get wet. It would be preferable to wait until a good day to put those products out for pickup.

If for some reason you have more than two 32 gallon containers in a week, the Town Office will sell you trash bags for \$1.00 each which covers the tipping fee on this extra trash. You may put out as many of these bags as you wish and they will be picked up.

## 2001 Hunting Season Dates

Crow	July 16 - September 29
General Bear Hunting	August 27 - November 24
Bear Hunting With Bait	August 27 - September 22
Expanded Archery (Limited Area/Special License)	September 8 - December 8
Bear Hunting With Dogs	September 10 - October 26
Moose Permit Hunt WMD's 1, 2, 3, 5, 6, 11, 19	September 24- September 29
WMD's 1-14, 18, 19, 28, 29	October 8 - October 13
Special Archery (Statewide)	September 27 - October 26
Rabbit (Cottontail & Snowshoe Hare)	October 1 - March 31
Gray Squirrel	October 1 - December 31
Pheasant*, Ruffed Grouse (Partridge) & Bobwhite Quail	October 1 - December 31
Raccoon	October 1 - December 31
Skunk & Opossum	October 15 - December 31
Fox	October 15 - February 28
Firearms (Maine Residents Only)	October 27
Firearms (All Hunters)	October 29 - November 24
Muzzleloader (Statewide - All WMD's)	November 26- December 1
Bobcat	December 1 - January 31
Extended Muzzleloader Season in WMD's 12, 13,	December 3 - December 8
15, 16, 17, 18, 20, 21, 22, 23, 24, 25, 26, 30	January 1 - December 31
Woodchuck, Red Squirrel & Porcupine	January 1 - December 31
Coyote	January 1 - December 31
Crow	March 14 - April 30
Turkey Permit Hunt	May 1 - May 31
Spruce Grouse	No Hunting
Lynx	No Hunting

\*In York and Cumberland Counties, a permit is required to hunt or possess pheasant.



# Troop 800 Report

By: Kyle Woodbrey, Troop Scribe

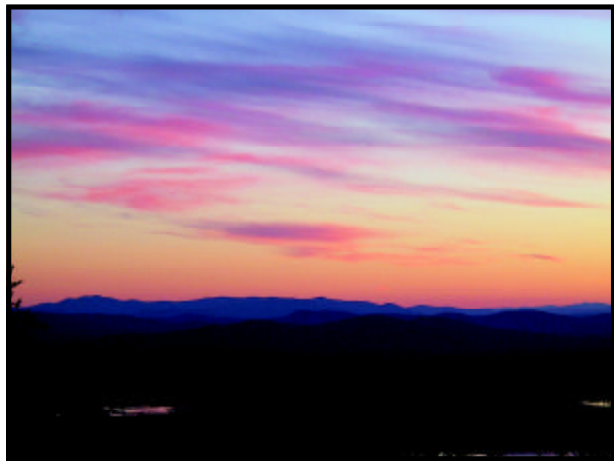
The Troop 800 Boy Scouts of America has just started its year, and it looks like it's going to be superb. We're going to a Fall Camporee in October, hiking with the Pack 800 Cub Scout Webelos in November, woods climbing in December, winter camp cabin in January, Klondike and ice fishing in February, submarine base tour in Groton, Connecticut, in March, Scout Skills Weekend in April, Spring



*Cody and Kyle on the Ledges Trail.*

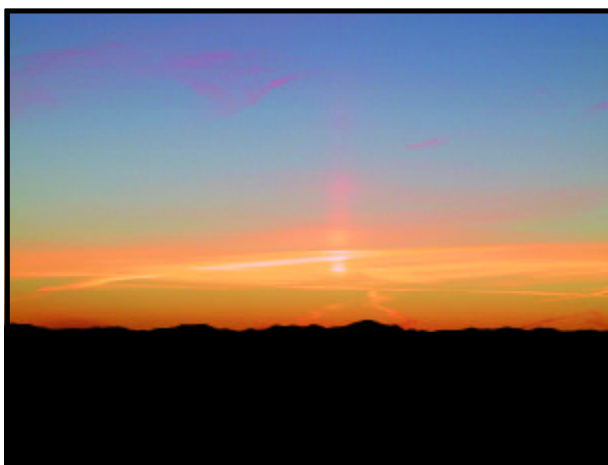
Camporee in May, a weekend canoe trip and trip to Gettysburg, Pennsylvania in June, and summer camp in July. Anybody who wants to join to make friends, have a lot of fun, and learn good skills is welcome, meetings are held every Tuesday from 6:30 to 8:15.

Every month we have a theme. This month's theme was working together as small groups and running the troop



with only a little help from the adult Scout Masters, which is called the Patrol Method. We talked about junior leadership positions. Among these were Senior and assistant Senior patrol leaders, who run the troop; patrol and assistant patrol leaders, who run small groups called "patrols"; another is the Scribe, my job. I write about meetings and trips, take attendance, and collect dues and fees.

We go on a lot of interesting and challenging trips. The most recent trip was the Pleasant Mountain hike on September 14-15. We hiked to the top of Pleasant Mountain where we camped over night.



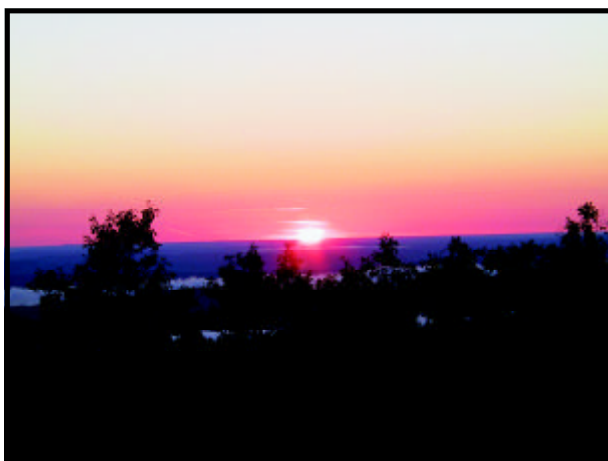
*Sunset was spectacular.*

Each scout was required to have food, a gallon of water, a sleeping bag, flashlight, and many other items. On the way up one of the scouts was carrying alfredo sauce and it leaked all over his bag (what a mess). On the way up the first thing we saw was a big clearcut, I thought it was awful because of the mess on the ground, and there was no for-



*Saturday evening on the ledges.*

est around us. We took the Ledges trail up and down the mountain. When we got to the ledges we could see for miles. It was cool, and we could see several different lakes.



*Sunrise was quick but beautiful.*

Some people learned about how much water to take and who is bringing tents, since when we got to the top a few items were missing

Three groups cooked meals, two were groups of scouts

and one was the adult leaders. Our group cooked beef tortellini, carrots, and green peppers for dinner. For breakfast we cooked scrambled eggs with bacon bits. Talking after dark was fun. Some scouts slept outside, or what they called "under the stars". The sunset and the sunrise were beautiful from the summit.

Going back down was much easier; our packs were about 8 pounds lighter, because most of the water and food was



gone. It was an awesome trip and I hope we get to go again. Come and join and you can go on fun trips like this too.

To keep up to date on upcoming Troop 800 activities check out the Troop's web pages on the Town's website at <http://www.raymondmaine.org> which includes information and things that the Scouts have been up to. To contact by phone: Tom Wiley, Scoutmaster, 655-2048, or John Hanley, Troop Committee Chair, 998-5304.

## Raymond Lions Blood Drive, Wednesday, October 3, 1:30 - 7:00 P.M.

The Raymond Lions Club invites you to give the gift of life. Blood Drive Chairman, Lion Phyllis Hawkes, has had the distinction of leading the Raymond Lions Club and area residents in the collection of a total of 596 pints of blood in the last four years.

There is a continued need for blood and blood products in Maine. The blood is separated into key components, making it possible for each donation to help as many as four hospital patients who may suffer from a variety of illnesses. For example, blood can be used to treat burn patients, accident victims and people needing surgery or cancer treatment.

The American Red Cross depends upon your generous support to supply Maine hospitals with needed blood components. It is with great dedication that Lion Phyllis has worked tirelessly over the past four years. If you get a call in the next couple of weeks from a Raymond Lion, please fit time into your busy schedule to come in and donate a pint of blood. You will receive the gratitude of the Lions and the Red Cross. You could be instrumental in saving the life of a child or an adult.

If you don't get a call, you can stop in at the Jordan-Small Middle School on October 3<sup>rd</sup> between the hours of 1:30 and 7:00 You can do something that will help the Red Cross save lives and replenish the supply of needed blood.



*Troop 800 prepares to hike down Pleasant Mountain Sunday morning.*



*Phyllis Hawkes, Raymond Lions Blood Drive Chairman, is on the left. On the right is Tom Miller, American Red Cross Donor Recruiter. Tom spoke to the Lions at its second meeting in September.*



Jordan-Small Middle School girls soccer team.

## Jordan-Small Middle School, Fall 2001, Athletic Schedule

JSMS is proud to announce that it has started playing interscholastic sports this fall! Over 60 students from our school are participating on our soccer and cross-country teams! Please find some time to catch one of our remaining athletic events!

### X-Country

Thurs.	10-4-01 @ Durham	4:00pm
Sat.	10-13-01 @ Durham	9:00am

### Soccer

Mon.	10-1-01 @ Monmouth	*
Thurs.	10-4-01 vs. Sabattus	*
Tues	10-9-01 @ Wales	**
Wed.	10-10-01 vs. Mech. Falls	(girls only)
Fri.	10-12-01 vs. Buckfield	**
Tues	10-16-01 @ Minot	**

\*Girls play first

\*\*Boys play first

(All soccer games start at 4:00pm)

## Jordan-Small Middle School Fall Athletic Rosters

### Boys Soccer

Cody Winde  
 Doug Remick  
 George Chevarie  
 Trevor Saremi  
 Robert Murphy  
 Taylor Parker  
 Andrew Miranda  
 Jared Marcinuk  
 Logan Martyn-Fisher  
 Roman Gosney  
 Cameron Gosney  
 Steve Witsutskie  
 Stephen Odum  
 James Wiley  
 Andrew Reed  
 Corey Matheis  
 Steven Clark  
 Andy Bissonnette  
 Ian Acker  
 Brett Coggan  
 T.J. Cook  
 Keegan Brown  
 Troy Knight  
 Elliot LaMarre  
 Cody Stults

### Girls Soccer

Grace Keilt-Freyre  
 Amanda Evans  
 Kayla Taylor  
 Skylar Duncanson  
 Kelli Emery  
 Kainani Stevens  
 Taylor Fey  
 Ashley Daggett  
 Nicole Lloy  
 Ashley Blanchard  
 Alyse Bartholomew  
 Kameron Purinton  
 Becky Randall  
 Casey Crouse  
 Emjay Williams  
 Amy Cobb  
 Julia Hartig  
 Sarah Crockett  
 Jen Curtis  
 Cassie Terry  
 Brittney Cogswell  
 Samantha Richards



Jordan-Small Middle School boys soccer team.



The first goal scored at the Jordan-Small Middle School soccer field.



## Funds Donated Toward Tassel Top Wheel Chair

Raymond Lions President Dale Gilman is pictured making a donation of \$400 to Bob Metz of the Raymond Tassel Top Committee. The promise of this donation was the spearhead in the fund raising project of the Tassel Top Committee. The check will be used toward the purchase of an all terrain wheel chair to be housed at the Tassel Top Snack Shack. The cost of the chair is upwards of \$1,700 and is worth every penny. The chair will go on sand, wet or dry, as well as rocky uneven terrain. This chair can actually take a person into the water, and it will be available

on a first come, first served basis. Any and all contributions will be accepted by the committee to help defray the rest of the cost of the chair. There are receptacles in several places in Raymond for your donations.

It is the hope of the Raymond Lions and the Tassel Top Committee that this chair will make it possible for people needing this kind of assistance to enjoy the beauty of the beach at Tassel Top and the water of Sebago Lake.

## Meet Raymond's New Home-School Coordinator

The Raymond School Department has a very special program in place that is much admired throughout the state. That program is the preschool program that seeks out and identifies all the preschool children in town, from birth to kindergarten, providing families and children support for healthy development and facilitating access to early intervention services. For many years Eileen Stiles has served the program as Home-School Coordinator/ Early Intervention Specialist. Now that Eileen has retired, Peggy Jensen is serving the program.

Peggy has broad experience as a teacher, counselor, case manager, and developmental evaluator. She has worked in schools, in the Child Development Services system, and in private practice. Peggy is the parent of 2 grown children, both now in graduate schools, and is a long-time summer resident of Raymond. She has special affection for this very special place.

Parents of preschool children should feel free to contact Peggy for assistance with parenting, to talk about any concerns they may have about their children's development—learning to speak clearly, to use language, to develop motor skills such as walking or writing, learning to get along with other children— or for assistance with finding resources in the area such as child care or other services.

Peggy is responsible for meeting the school's obligation to locate all children who may need special services, particularly 3- and 4-year olds. Services such as Speech and Language Therapy, Occupational Therapy (for problems with fine motor and sensory integration skills such as hand grasp and eye-hand coordination), Physical Therapy, and Developmental Therapy (for children with developmental delays in several areas) are available as part of the federal and state Special Education laws. These services are provided by the Child Development Services system, and Peggy can help parents and children access them. The process starts with a developmental screening. Please call to arrange a screening if you have any concerns about your child's development.

Peggy will be visiting local preschools and child care sites to get to know the children before they enter school. In the winter she will be arranging to meet with parents of children who will enter kindergarten next fall to complete the developmental history and first step in the kindergarten screening process. Again, this is part of the effort to identify children with learning needs as early as possible. Early intervention works! Children who receive supportive services early often are able to move into school with great success. The more we do to help children get ready to learn, the better their school experiences will be. And the more we learn about the children who will be entering school each year, the better prepared we can be to give them the best possible first year. This is a program that makes everyone a winner!

Peggy will be available most Mondays, Tuesdays, and Thursdays, working from the Raymond Elementary School. She can be reached at 655-8672, ext. 108. Feel free to call with any questions.

## Raymond Baseball/Softball to Elect Officers October 18<sup>th</sup>

The board of directors of Raymond Baseball/Softball comprises 11-15 members interested in the planning and implementation of a quality program for boys and girls ages 5 and up. Currently there are only 6 board members. Many people feel they know what is best and like to offer up their concerns, but we need people to help with the carry through of these items. We are in particular need of parents of the younger youth in the program. Please consider coming to the next board meeting and offer your help. The board will meet at Jordan-Small Middle School at 7pm on October 18th.

Your child will thank you, as will we!

## Have You Placed Your Order?

The Innisbrook Wraps All-Star sale is winding down on October 1. We hope that Raymond families and friends have had the chance to purchase gift wrap and other products from this sale. We want to thank our students, staff, and parents in advance for their support of the Innisbrook fundraiser. Proceeds will be used to support classroom activities, field trips, and special events.

Innisbrook schools can also order on the web 365 days of the year at [www.innisbrook.com](http://www.innisbrook.com). The Raymond Schools' customer # is 104999. Families and out of town friends can order and re-order over 150 Innisbrook products online all summer long! A great way to buy gifts and have more time to spend on your summer. Products will be delivered right to your door, and your child's school will receive the 50% profit.

## Raymond Schools Support National Denim Day

If you come to school on Thursday, October 4, and find that the staff looks a bit more casual than usual, it is because they are participating in Lee National Denim Day. Last year students and staff raised \$721 to support the Susan G. Komen Breast Cancer Foundation. This year the staffs at the Raymond Elementary School and the Jordan-Small Middle School again invite students to join them by donating \$1.00 and wearing denim on October 4. All proceeds will benefit breast cancer research, education efforts, and screening and treatment projects in communities around the world.

## Your Grocery Shopping Can Benefit The Raymond PTA

By: Sheri Reed, Fundraising Chairperson

The Raymond PTA is asking Raymond families and friends to join us in several fundraisers that are easy and won't cost you a thing! In fact, friends and family members from around the state can also participate and raise money to support our PTA. The PTA will use these funds to support the Reflections Program, scholarships for graduating seniors, Jump for Hearts, the school libraries, field days, teacher breakfasts, and many other school events during the year. These things enrich our children's learning environment and support our teachers.

**MAKE YOUR SHOPPING COUNT WITH SHAW'S SUPERMARKET AND SCHOOLPOP.** Register your Shaw's Rewards Card with Schoolpop, and 2% of all purchases at any Shaw's store in Maine will be donated to the Raymond PTA every time you use your card. Encourage family members throughout the state to participate. You can register by:

\*going online at [www.schoolpop.com](http://www.schoolpop.com)

\*Call toll-free: 1-877-456-1032 (Mon- Fri, 9am-9pm)

**HANNAFORD & SHOP 'N SAVE HELP SCHOOLS.** Now through November 24, Hannaford and Shop 'n Save Supermarkets will support local K - 12 school and reward their customers who purchase participating General Mills Products. This fall you can earn "School Dollar" coupons from the cashier when you purchase General Mills Products.

\* Buy 3 General Mills Products = \$2 School Dollars

\* Buy 5 General Mills Products = \$4 School Dollars

\* Buy 8 General Mills Products = \$6 School Dollars

**BOXTOPS FOR EDUCATION** Our goal this year is to earn \$1000 from the Boxtops for Education Program. Thank you to students who collected boxtops over the summer and participated in the PTA ice cream party. Please continue collecting Boxtops for Education throughout the school year.

The best thing about all of these programs is that we can earn money for our school while shopping for groceries. We hope that you will participate and support the Raymond Schools and the Raymond PTA.

## Communities For Children Update

Raymond Communities for Children - a group of parents, school personnel and interested community members - focused its efforts on two main endeavors last year: to start a mentoring program in our schools and to encourage communication and collaboration amongst town organizations through holding "Community Council" meetings.

CFC's vision is a community that is supportive and safe for our youth. Our mission is to encourage partnerships that help our children develop in healthy ways and to create opportunities for people of all ages to connect and form relationships. As a partner in a statewide CFC organization, we have access to resources and training to help us meet these goals. We will continue our focus on mentoring and the Community Council for this school year, but also would like to initiate work on the following ideas:

- Develop a resource that links Raymond high school students with community service opportunities here in town. While some students may need to fulfill a community service requirement, others may want to explore career possibilities.
- Support local youth group efforts to hold another Youth Day for our teens and other projects they would like to undertake.
- Promote community education about "asset-building" for youth; assets are positive experiences, values and competencies that help youth make healthy choices for themselves.

For more about Communities for Children and these projects, contact Lori Rand at 655-4277 or at [lrاند@ime.net](mailto:lrاند@ime.net)



*Over 100 patriotic t-shirts were sold to benefit the victims of the disaster.*

## Correction

Please note that the phone number for the Raymond Elementary School published in the school calendar/handbook is incorrect. The correct office number for RES is 655-8672.

## Anguilla School Supplies Drive

By: Christian Elkington, Principal

From Monday, Sept. 24th, through Friday Oct. 5th, Jordan-Small Middle School will be collecting school supplies for the Road Primary School on the island of Anguilla. Over the last several years many positive contacts have taken place with both students and teachers from this school. Many of you will recall that several students and staff visited us a few years ago. Just this past spring one of their teachers spent two weeks with us sharing his island's culture. In support of our school goals in the area of Global Stewardship we will be collecting badly needed school supplies for the island's students and school.

If you would like to help the young learners of the Road Primary School, please contact our school. If you would like to help the students of JSMS build a greater bond with these students in Anguilla by supplying them with badly needed school supplies, then please contact our school. Donations of supplies and or financial support will be gladly accepted!

## Jordan-Small Middle School Principal's Report

**By: Christian Elkington, Principal**

Renovation work continues to move forward while school is in session at JSMS. During the day and at night you will usually find construction workers at our school. Our kids and staff continue to take it all in stride as they work in their classrooms. New carpeting, locker installation and the plumbing for our 2 new Science Labs are the latest pieces, close to being completed. A revised completion schedule has us looking forward to the first week of November when all work should be completed.

It certainly gives us great pleasure to see almost 60 JSMS students participating in Soccer and X-Country this fall. This is by far the largest number of Raymond students

involved in interscholastic athletics in many years! Special thanks go to our student athletes and coaches for putting on the blue and gold (student selected colors) and representing our community! We are fortunate to have so many of our kids competing and improving their skills in interscholastic play! If you have a free afternoon please come and support our Roadrunners!

Open House was held on Thursday, September 20th. It was well attended with over 120 parents participating. Introductions were first held in the JSMS gymnasium. Parents then moved between their child's teachers to hear 20-minute presentations. Face to face communication is an important key in all of us working together on behalf of our students! Special thanks all that were able to attend.



*A lot of American spirit at work raising funds for the disaster.*

## Mentoring Program

*Continued from page 1*

The Raymond Mentoring Partnership has received grant funding to create a program that is based in the schools. As we have developed the program, we've heard mentors express a desire for more flexibility in meeting times and places. We will continue to be a school-based program but also want to support mentors if they choose to participate in activities beyond school property with their child.

Prospective mentors must complete an application, an

at-home interview, a series of background checks and initial training before a match with a child is possible. The minimum commitment to a mentoring relationship is meeting weekly with a child for at least an hour, participating in occasional group activities and attending ongoing training. Five to six hours a month would be a likely time investment.

The RMP office is located in the Raymond Elementary School. Please call Eileen Stiles or Lori Rand at 655-8672, ext. 107, for more information. Mentoring can change lives in wonderful ways.

## Raymond Recreation Association News

The fall season is off to a busy start with our soccer program. See the action and support the teams at the Mill Street Fields on Saturday mornings.

### NEXT MEETING

The Annual General Meeting will be on Thursday, October 18, at Jordan-Small Middle School at 7pm. Plans for winter sports will be announced. All interested members of the community are invited to attend. If you are interested in becoming an active member of the Board of Directors, please call Pat Smith at 655-4657.

### FRIDAY SKI PROGRAM

Ski signups will be Wednesday, Nov. 14, 6:30-8:00 at the Jordan Small School. This program is for students in grades 7-12. It is an 8 week program, beginning Dec. 28, and does run during vacation times.

Costs (includes bus):

Lift ticket	\$109
Lift/ski rental	\$165
Lift/snowboard rental	\$180

Lessons are also available from the mountain for a reduced rate. Payment must be made at signup to receive extra voucher, and only one missed session will receive a voucher. There will be no signup after the second session. Questions? Call Peter Walgreen, 627-4504

### HOLIDAY FRUIT FUNDRAISER

Look for our annual citrus fruit sale to begin in early No-

vember. All proceeds go to funding transportation for the Wednesday Ski Program and the Summer Swim Program. This is a healthy and delicious way to help us keep our program costs at a reasonable level for maximum participation. If you've ordered in the past please respond to the direct mail order appeal in mid October. If you are involved in a local business and would like to purchase a number of boxes for your company, please call Pat at 655-4657 and we will arrange delivery for you. Each year our Association donates boxes of oranges and grapefruits to the Raymond Food Pantry for the Christmas boxes. Please consider making a purchase or contributing for this purpose.



*The fields at the Sheri Gagnon Park get a lot of use every week by Raymond Recreation.*

## Raymond Recreation Wednesday Afternoon Ski Program-Sign up

Sign up night: Wed. November 14, 2001  
From: 6:30 to 8:00 PM  
At: Jordan-Small Middle School gym

Open to students 4th through 6th Grade. Seven-week program starts Wed. Jan. 2, 2002 through Wed. Feb. 13, 2002. Buses leave RES and JSMS at 12:30 PM on Wednesday afternoons and arrive back at JSMS at 5:00 PM

\*\*Wed. ski program will run concurrently with the Middle school activity periods so 5th and 6th grades can participate.

Cost:

Lift Only	\$89
Lift/Ski rental	\$149
Lift/Snowboard rental	\$159
Helmet Rental	\$20

All Payment is due before Dec. 10, 2001. A bonus voucher will be issued for those who pay at sign up night. Call Kathy Anaka with questions 627-4748



## Raymond Recreation Friday Skiing

Ski signups will be Wednesday, November 14, 6:30-8:00 at the Jordan-Small School. This program is for students in grades 7-12. It is an 8-week program, beginning Dec. 28, and does run during vacation times.

Costs (includes bus):

Lift ticket	\$109
Lift/ski rental	\$165
Lift/snowboard rental	\$180

Lessons are also available from the mountain for a reduced rate. Payment must be made at signup to receive extra voucher, and only one missed session will receive a voucher. There will be no signup after the second session. Questions? Call Peter Walgreen, 627-4504

## USPS Participates In Diabetes Awareness At Camp Sunshine

By: Leanne Payeur

Camp Sunshine, a camp for seriously ill children and their families, hosted a week-long session devoted to diabetes recently. Children with diabetes and their families came to stay at the residential center during that week, along with medical professionals and camp volunteers. Some of those volunteers included employees of the United States Postal Service, who spend some of their vacation time as camp counselors and assisting staff with whatever needs to be done. USPS employees have volunteered at the camp every year since its inception. The Diabetes Week of events included support group meetings devoted to education and awareness but also featured lots of fun and respite for the children and their parents. This is the fifth year that Camp Sunshine, located in South Casco, Maine, has hosted a week-long session devoted to diabetes survivors and their families.

Diabetes is a chronic disease affecting over 16 million Americans, but over 5 million of those who have the disease aren't even aware they have it. The Postal Service is helping to raise awareness about the serious health consequences of diabetes through the issuance of its new diabetes postage stamp, released in March of this year.

Thus, it was fitting that employees from the Postal Service came to Camp Sunshine during Diabetes Week, along with members of Southern Maine Health and Home Care. Together, employees from the two organizations presented t-shirts to the children at the camp who have diabetes. The shirts featured an image of the new USPS diabetes stamp and were co-sponsored by the two groups. USPS staff and representatives from Southern Maine Health and



Five year old Erin Gamache of Farmingdale (front), who has diabetes, received a t-shirt from members of Southern Maine Home and Health Care and the United States Postal Service. From left: Jennifer Courtois, a Nurse Educator from SMH&HC; Audrey Johnson, LISPS Acting Marketing Manager; Greg Bove, a LISPS Mailing Specialist Clerk, and Kathy Rokowski, LISPS Retail Specialist. Bove was spending a week of his vacation as a volunteer at Camp Sunshine during Diabetes Week when the t-shirts were delivered.

Home Care also gave stamp pins to the many siblings of diabetic children who attended. At Camp Sunshine, they use a family centered approach; respite is offered not only to the seriously ill children, but also to their parents and siblings.

"We want these young people to know that we care about them and that we're here to support them," said Jennifer Courtois, a Biddeford resident and Diabetes Nurse Educator from Southern Maine Health and Home Care. SMH&HC, headquartered in Kennebunk, is an affiliate of Southern Maine Medical Center in Biddeford. The shirts were presented to the children as they participated in the various activities at the camp. Those activities included a variety of fun events such as swimming, craft projects, cook-outs, outdoor sports, and theatrical performances.

"It's our hope that these t-shirts and pins help spread the word that people need to know more about diabetes, which can strike anyone at any age," explained Retail Specialist Kathy Rokowski, as she passed out stamp pins to a group of young people participating in craft projects. Courtois and Rokowski were instrumental in organizing the event which provided t-shirts to 51 children and stamp pins to their family members.

Diabetes is a chronic, genetically determined, debilitating disease affecting every organ system. It prevents the body from making insulin or from using insulin effec-

tively. The seventh leading cause of death in America, diabetes - or complications from it - kills one person in this country every three minutes. About 200,000 Americans will die this year from complications from diabetes, according to the American Diabetes Association. Many people die or suffer life threatening health problems because the warning signs of diabetes are often missed or mistaken for something else. There is no cure for diabetes, but it can usually be managed with proper nutrition, exercise, and blood glu-



Three diabetes survivors take a break from their table tennis game to try on t-shirts delivered by the LISPS and Southern Maine Home and Health Care. From left: Jennifer Courtois, a Nurse Educator from SMH&HC; LISPS Retail Specialist Kathy Rokowski; 17 year old Jake LeBlanc; 14 year old Gabe Berfield (holding up his insulin pump); 13 year old Bowdoin resident Ryan Clark; and LISPS Mailing Specialist Clerk Greg Bove. Bove was one of a group of LISPS volunteers spending their vacation time at Camp Sunshine during Diabetes Week.

cose monitoring if diagnosed correctly. Some types of diabetes can also be treated with insulin injections, or insulin pumps, and oral medications.

"This is a pretty cool place," said Ryan Clark, a thirteen year old from Bowdoin, Maine, who was diagnosed with diabetes 10 months ago. "I didn't think I'd like it here at camp, but I do. This is my first time here."

"Camp Sunshine has helped my family out a lot," said 14 year old Gabe Berfield who was diagnosed with diabetes almost three years ago. Berfield, who wears an insulin pump to maintain his body's insulin levels, said that his family found the camp's staff and volunteers very helpful and friendly. "They've helped us understand what diabetes is all about," said Bertield who is from Holliston, MA. "Cool shirt," said eight year old Tony Diment of Sanford,



A group of children who all have diabetes take a moment away from their Camp Sunshine activities to sport their new Diabetes Awareness t-shirts, sponsored by the LISPS and Southern Maine Home and Health Care. Joining them in the photo are (from left, rear) LISPS Claims and Inquiry Clerk Danielle Gillespie; LISPS Retail Manager Michael Doyle; LISPS Retail Specialist Kathy Rokowski; Jennifer Courtois, a Nurse Educator from Southern Maine Home and Health Care; and LISPS Acting Marketing Manager Audrey Johnson. The two groups sponsored the t-shirts and gave away stamp pins in order to help raise awareness about the serious health consequences associated with Diabetes.

when he received a shirt from Jennifer Courtois. He stood still just long enough to have his photo taken before rushing back to his group which was working on art projects.

The children at Camp Sunshine during Diabetes Week ranged in age from two years old right up to eighteen. Many tried on their t-shirts as soon as they received them and ran

## Tony Montanaro And Karen Hurl Montanaro Open School/Retreat In South Casco

This fall, Tony and Karen Montanaro will open their new mime and dance school in South Casco, Maine. They will offer classes for all ages and skill-levels in mime, storytelling, and ballet. Anyone interested in studying with the Montanaros should call Tony or Karen at 655-2350.



Tony Montanaro, a world renowned mime, storyteller, director and teacher and his wife, ballet dancer Karen Hurl Montanaro, relocated from Portland to South Casco in October of 2001. Since that time, they have been busy converting their new home into studios and dormitories. The dormitories will house students who travel to South



Casco from all parts of the world to study with Tony. The Montanaros plan to hold short, 3-4 day seminars on various themes (i.e., storytelling, improvisation, mime for the ministry, performing poetry, etc.). Their center will also serve as a retreat for performers to recharge their creative batteries, receive private coaching and develop stage material.

Tony and Karen Montanaro  
Montanaro Hurl Theatre of Mime and Dance  
5 Riggs Road  
Casco, ME 04015  
(207) 655-2350  
www.mimetheatre.com

off to show their parents. Most of the medical professionals involved with diabetes who attended the camp that week were already aware of the new diabetes postage stamp and are already using it on their correspondence to help raise awareness about diabetes.

Diabetes is a leading cause of blindness, amputation, heart attack, stroke, and kidney failure. It accounts for more than 105 billion dollars of annual U.S. health care costs. One of every four Medicare dollars goes to pay for health care of people with diabetes.

Through the issuance of a diabetes postage stamp, the United States Postal Service continues its long tradition of raising public awareness of health and social issues. Featuring the phrase, "Know More About Diabetes", the stamp's design conveys the importance of diabetes awareness and early detection of the disease. The diabetes postage stamp is viewed as a powerful tool to help generate awareness of this disease and encourages people to know more about the disease's symptoms and warning signs.